



## Coaching at Work Series of Masterclasses 2018

# Transforming Teams

Linda Aspey

**Seminar date:** Friday 2nd November 2018

**Venue:** The BPS London Offices

**Timings:** 10.00am – 5.00pm



### MASTERCLASS OUTLINE:

The quality of everything we do depends on the thinking we do for ourselves firstly. However, it's not the quality of our education or experience or IQ that most impacts on our ability to think for ourselves; *it's the way we're treated by others while we're thinking.*

The Thinking Environment® is a unique and powerful framework for generative thinking developed by Nancy Kline of *Time to Think*. Guided by principles and ways of being called The Ten Components, it liberates people to think for themselves in a unique way, generating new ideas, solutions and decisions and overcoming limiting assumptions that are blocking them.

And its effect on teams is quite simply, transformational!

### MASTERCLASS AIMS & OBJECTIVES:

This is a relaxed yet pacy interactive session in which you can personally experience the impact of the Thinking Environment. You will see how it can promote high quality thinking and decision-making, enhance collaboration, establish authentic relationships, build trusting bonds, unleash creativity and get real results in teams.

### MASTERCLASS CONTENT:

- The 10 Components of a Thinking Environment and how to bring them into your work with teams.
- The importance of Attention in creating quality conditions for quality thinking.
- Independent Thinking & Exchange Thinking – the differences and the impact.
- The emerging neuroscience possibly explaining how the Thinking Environment helps teams to work better together on many levels.
- At least three simple yet powerful and proven tools to use with the teams that you work with.

**LINDA ASPEY** has almost 30 years' experience in working with leaders, teams and individuals to overcome blocks to success so that they can thrive.

She is the founder of Coaching for Leaders, a London based coaching and OD consultancy, and leads the 50-strong team of executive coaches at the New Entrepreneurs Foundation. As Global Faculty of Time to Think, Linda consults to organisations wanting to become a Thinking Environment, and teaches, accredits and supervises executive coaches, managers, facilitators & consultants in the Time to Think approach. Linda is a Fellow of BACP and the CMI, an accredited psychotherapist, supervisor and executive coach, and has a Masters in Strategic HR Management. She is an external examiner for the University of East London's Professional Psychology Department, a seasoned keynote speaker and a published author and co-author on supervision, coaching and leadership. A lover of ongoing learning and reading, Linda is also a Trustee of Read Easy UK, the national charity that transforms adults' lives, simply yet profoundly, through one to one reading coaching.

## LOGISTICS

### VENUE

The event is held at The British Psychological Society, London Offices, 30 Tabernacle Street, London, EC2A 4UE

### DATE

Friday 2nd November 2018

### TIME

The masterclass runs from 10.00am to 5.00pm.

### FEES

£199.99 incl VAT (for non-subscribers)  
£169.99 incl VAT (for subscribers)

### BOOKING PROCEDURE

Please fill in an application form on-line at: [www.coaching-at-work.com/masterclasses](http://www.coaching-at-work.com/masterclasses)

### CATERING

Tea and coffee is provided throughout the day. Lunch will also be provided. Please advise of any special dietary requirements when booking.